

**Central Carolina Surgery, P. A.
Bariatric Surgery Program
1002 North Church Street, Suite 302
Greensboro, NC 27401**

Physicians providing Bariatric Surgery

Kristen R. Hardcastle, MD, FACS, Director
Benjamin T. Hoxworth, MD, FACS
Matthew B. Martin, MD, FACS
David H. Newman, MD, FACS

Where Bariatric procedures will be performed

Wesley Long Community Hospital only

How to contact the Bariatric Liaison

Call Shirley Stout at 336 387-8201

Criteria patients MUST meet

- ❖ BMI of 35-40 with 2 co-morbidities, exhibiting a medical condition directly caused by, or made worse by extra weight (i.e. hypertension, diabetes, sleep apnea, etc.) **OR** have a BMI of 40-50
- ❖ Failure to lose weight in documented participation of at least 1 formalized weight control program
- ❖ **Documentation of medical history (including weight) for the past five years**

About the procedure - Laparoscopic Roux-en-Y

Description

Stapling is used to create a small upper stomach pouch, restricting the amount of food able to be consumed.

Results

- ❖ Average of 77% excess body weight loss one year after surgery
- ❖ Studies indicate after 10-14 years, patients maintained 60% of excess body weight loss
- ❖ Studies of 500 patients showed 96% of certain associated health conditions were improved or resolved

Peri-Operative Risks

- ❖ Infection
- ❖ Hernias
- ❖ Staple line leaks
- ❖ Intestinal obstruction
- ❖ Blood clots

Post-Operative Risks

- ❖ Poor absorption of iron and calcium, protein malnutrition
- ❖ Chronic anemia due to Vitamin B-12 deficiency
- ❖ Dumping syndrome can occur when too much sugar or large amounts of food are consumed
- ❖ Stomach pouch stretching
- ❖ Bypassed portion of stomach, duodenum & segments of small intestine cannot be easily visualized using x-ray or endoscopy
- ❖ Death