

## **ROUX-EN-Y GASTRIC BYPASS**

With the Roux-en-Y procedure, a one-ounce capacity upper stomach pouch is created. This is primarily a restrictive procedure limiting the food intake and bypassing the duodenum. You will be required to eat five to six small meals a day. Dumping syndrome can result from eating carbohydrates. Results average about 70% loss of excess body weight.